



Outreach Opportunities

Here is a detailed list of different Outreach Projects that your team can participate in while here in Guatemala.

Stove Installations

Stove installations are a big part of offering 'HOPE' to the communities in Guatemala. The majority of homes located in the villages are one room buildings (often referred to as 'huts' in America) and only have an open flame as their source for cooking and providing warmth for the family. This is extremely dangerous and very unhealthy. Day after day, they breathe the smoke into their lungs causing serious health issues, especially among the children and older adults. By making an investment into a new wood burning stove installation, you are providing hope and change for a family that will last them generations to come. Generally the stoves cost \$175US with an additional \$50US for installation. Your team would take the needed material for the stove to the home and help the installer build it on-site.

Water Filter Systems

It is impossible to have and maintain a healthy life without clean water. This is a resource that is in abundance in countries like the United States but unfortunately is very scarce in many places around the globe. We are currently serving in Guatemala where people in the rural areas depend on streams, rivers and ponds for drinking water - but this parasite-infested water creates health problems and tragically causes the death of 1 out of 20 children before the age of 5.

Providing clean water through a double 5 gallon water filter system helps bring 'HOPE' to the families who have no other source and it can last them for up to 2 years. This truly is "life-changing" and you can be a part of it. These Water Filter Systems cost

\$45US. Your team would hand deliver them to families, put them together and show them how to use it.

Food Distribution

Food Distribution has become one of the greatest ministries in Guatemala. Food is an essential part of life for all of us. Jesus spoke about God providing the food for those in need and sometimes He provides that through your obedience. Many families struggle every day to even have one meal to eat. For as little as \$25US you can feed a family of 6 for up a week with a personally prepared food package. Your team would pack these bags then hand deliver them. Each recipient/family is prayed over during the process.

Journey Bags

The 'Journey Bag' Ministry was started by Makenna Hunt in Alabama as a way to prepare a bag that could be given out to a homeless person. Each bag contains essentials for them that can be used everyday like chapstick, food gift cards, toiletries, etc. We have teamed up with her to help provide something very similar here in Guatemala for as little as \$10US a bag. Since the pandemic, Guatemala has started a "White Flag Program" to help those in extreme poverty. The majority of white flags are people who have zero access to food. By providing a Journey Bag, much like the food bags, they will contain some basic but needed items for that individual. These bags would be prepared by your team then given out at different times during your stay here whenever you see someone displaying a white flag.

Provide a Bed

Most villagers do not have any amenities in their home. Unfortunately because of this, there are no beds for them to sleep on. Most will sleep on the dirt floor on top of a blanket or rug. In some cases, they will stack up cinder blocks or wood to have a make-shift bed to lay on. If the home does have a bed, the entire family will usually try to sleep on it which causes many different issues within the home. Providing a bed means much more than just a place to sleep. For many young children, this can help to provide a "safe" place for them if the adult is educated properly about the child's space. Proper rest is also very important for the family and the adults who will go out to work all day to provide for their family. Beds can be premade for your team to deliver them to a family. Single beds are \$180 / Bunk beds are \$225 (price includes the mattress, sheets and pillow)

Children Activity Outreach Day

During a Children's Outreach Day, your team will help host activities (much like a mini-carnival day for VBS in the states) at a predetermined location. These activities would include a bouncy house, face painting, fun games, cotton candy and more. After the activities, snacks will usually be given out and a gospel message shared with the children. This is such a fun but very impactful time for the kids and your team. The cost is \$200US and usually covers everything needed for a full event.

Feed the Homeless

There is a great opportunity for your team to participate in feeding the homeless located in downtown Guatemala City. On specific dates, there are multiple locations downtown where the homeless will meet. During this outreach, you will be assisting an experienced team with their feeding line in those locations. Before the meal, a message will be shared with them and your team can pray over each person who attends. The cost to sponsor the meals for one night is \$75US. This will help feed 3-4 different locations and your team can participate together at all of them.

Build a Home

Providing a custom built home for a family is such a blessing to them. Most village homes are constructed with scrap materials and will only consist of one open room. By choosing to provide a home, you are allowing them to receive a custom built house with 2 or 3 rooms. The cost will vary based on the size but most range from \$4,000 to \$6,500 a home. Typically we will start the construction with the foundation so your team can help with the construction of the home and meet with the family while you are here. Of course this outreach takes the most time so we ask for at least a 6-8 weeks notice for this type of project.

Any and all outreaches here are extremely important. We ask that you and your team pray over which projects the Lord would lead you to participate in while you are here. Please do not hesitate to reach out to us if you have any questions.

Hands of Hope International